



# **Boulder Ponds Community News September 2024.**

*Happy September Friends &  
Family!*

**As we embrace the beauty of fall together, our hearts are full of joy and gratitude. The changing leaves and crisp autumn air remind us of the warmth and comfort that comes from being surrounded by loved ones. We feel incredibly blessed to share this season with each and every one of you. Your presence in our community brings so much light and happiness into our lives. Here's to a September filled with cherished moments and the special bond we all share.**

# Whats New?

- **in August, we welcomed Wendy Koempel as our new Director of Health Services. We're thrilled to say she has settled in wonderfully and is already making a positive impact. We're grateful to have her with us!**
- **We are delighted to announce the arrival of Emilia Joelle Marriott, born on August 12th at 1:41 PM! Congratulations to Beth and her family on this beautiful addition. Both mom and baby are doing great, and we can't wait to meet the newest member of our community.**



- **Get ready for National Assisted Living Week, happening from September 9th to 13th! To celebrate, we're hosting a fun-filled Spirit Week where both residents and staff are encouraged to dress up according to each day's theme. We'll wrap up the week with an elegant cocktail hour and dinner on the 12th to honor all of YOU! Our wonderful residents. Join us for a week of excitement and celebration as we show our appreciation for our residents & staff!**



# DINNER PARTY

DRESS  
YOUR BEST!

DRESS  
YOUR BEST!

*Thursday, September 12th.*

3:30PM- COCKTAIL HOUR & APPETIZERS.

CHAMPANGE, WINE, COCKTAILS & NON ALCOHOLIC MOXTAILS.  
CAPRESE SALAD SQUARES, CHOCOLATE COVERED STRAWBERRIES

4:30PM- DINNER IN THE DINING ROOM.

HERB CHICKEN, POTATOS, FRESH ASPARAGUS, TIRAMISU.



**Assisted Living Spirit  
Week! September 9th-13th**



**Monday, September 9th.**

**Dress Up Theme: Mismatch  
Monday!**

**wear your funkiest clothes & mix  
and match colors!**



**Tuesday, September 10th.**

**Dress Up Theme: Crazy Socks Day!  
Wear your funky, crazy socks!**



**Wednesday, September 11th.**

**Dress Up Theme: Wacky Hat  
Wednesday!**



**Thursday, September 12th.**

**Dress Up Theme: Wear your favorite  
sports team apparel, than dress  
your best for dinner!**

**Friday, September 13th.**

**Dress Up Theme: Purpel Day!**





**Each day of Spirit Week will feature a photo booth on the first floor for capturing memorable moments with friends, along with a themed scavenger hunt offering exciting prizes.**



**September 9th-13th**

# News From Nursing-

**Our dedicated Nursing Team is onsite Monday through Sunday 7 days a week, Ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk as we will transfer you to promptly to someone who can assist you.**

- In August, we warmly welcomed Wendy Koemple as our Director of Nursing at Boulder Ponds. We are deeply grateful for the incredible impact she has already made. Thank you all for giving Wendy such a warm welcome to our team!**
- Podiatry will be here on September 4th at 9:00 AM. If you've seen Podiatry before, you're already on the list! If you have any questions, please see one of our nurses at the front desk.**

# Maintenance-

**Jay, Our Maintenance Head is onsite Monday Through Friday to tackle any maintenance issues you may have, Big or small!**

- **For any maintenance requests or if you just need a hand with something around the house, Please contact the front desk to put in a request!**



# Housekeeping-

**Rob our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to making our building sparkle and to lend a hand whenever you need assistance.**

- **For Housekeeping needs or scheduling please contact the front desk for assistance.**



# Dining-

**September Menus can be found in the dining room and viewed in both our elevators. Questions regarding meal delivery service can be answered by the dining staff, Home Health Aids or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose our head of Dining Services on Tuesday, September 24th 2:00pm in the First Floor Community Room.**



# Spiritual-



**As we continue our search for a new community chaplain, CC will be taking over spiritual activities. In the meantime, we invite you to join us for virtual church services every Tuesday morning at 10:00 AM in our first-floor Community Room. These services, lovingly organized by CC, offer a time for reflection, connection, and spiritual nourishment. Let us come together and find comfort and strength in these shared moments.**



**Church Service- Tuesdays, 10:00am First Floor Community Room.**



# Community Life-

**Happy September! We're excited to welcome the new month and all the fantastic activities we have in store. From the vibrant fun of Spirit Week to our elegant Dinner Party with a lively Cocktail hour and a delightful Brunch Outing, September is packed with joy and laughter. As we step into fall, we look forward to sharing these special moments with you and creating wonderful memories together. Here's to a month full of fun and connection!**

- Please remember to check your first-floor mailboxes next to the elevators for your monthly activities calendar. Additionally, you will find the weekly schedule posted in both our elevators and at the front desk.**



# Upcoming Outings & Events-



**Cub Foods Shopping Trip**  
*September 6th*

**Spirit Week!**  
*September 9th- 13th*

**Elegant Dinner Party &  
Cocktail Hour!**  
*September 12th*

**Hazelwood Food & Drink  
Brunch Outing!**  
*September 13th*

**Activities Resident Council**  
*September 20th*

**Movie Night!- Fly me to the  
Moon 2024**  
*September 25th*

**Trivia-**  
*Mondays &  
Wednesdays*

**Happy Hour-**  
*Tuesdays &  
Thursdays*

**Bingo-**  
*Wednesdays &  
Fridays*



# Legacy Suites-

**Happy September! We're so excited to start fall with all of you. This month is filled with fun activities, including Music with Megan, Drumming with Carolyn, our Monthly Movie Night, and a fabulous Elegant Dinner Party. We can't wait to expand our family and create new memories together. Here's to a joyful and memorable September! Legacy Suites Calendars can be found next to the bulletin board in our Legacy Suites unit. Copies will also be placed in community members apartments.**

**Drumming With  
Carolyn-**  
*September 16th*

**Lakeside Park Picnic  
outing!**  
*September 20th*

**Music With  
Megan**  
*September 10th*

**Movie Night!**  
*September  
26th*

**Music With  
Megan**  
*September 17th*

**Bingo-**  
*Mondays*

**Treats With  
Tess-**  
*Tuesdays*

**Church  
Service-**  
*Tuesdays*

**Please reach out to both  
CC & Tess with any  
questions, Comments or  
concerns regarding  
community life!**





# Important Dates-

- ***September 4th***- Community Podiatry Visit
- ***September 6th***- Cub Foods Shopping Trip
- ***September 9th-13th***- National Assisted Living Spirit Week
- ***September 12th***- Elegant Dinner Party & Cocktail Hour
- ***September 13th***- Hazelwood Food & Drink Outing
- ***September 20th***- Activities Resident Council
- ***September 23th***- Resident Council
- ***September 24th***- Chef Chat
- ***September 25th***- Movie Night

## **Vaccination Clinic - Monday, October 1st**

**We are pleased to announce that on Monday, October 1st, we will be hosting a vaccine clinic offering both the COVID-19 booster and flu shots. This is a great opportunity to stay up-to-date with your vaccinations and ensure your health and safety as we head into the colder months.**

**Kail will reach out with more information about the clinic and how you can prepare. Please keep an eye out for further details to ensure you're ready for the day!**

**Have a Wonderful**

**September**

A cluster of colorful autumn leaves in shades of red, orange, yellow, and green is positioned at the bottom center of the graphic, partially overlapping the word 'September'.